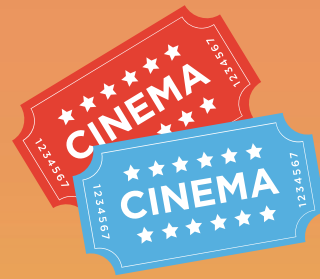


Town of Valleyview *Community Services* **PROGRAMS AND EVENTS GUIDE**



SPRING & SUMMER 2023



COMMUNITY SERVICES
4429 52 AVE. VALLEYVIEW
PH. (780)-524-5158

TO REGISTER ONLINE VISIT:
WWW.VALLEYVIEW.CA



Easter Egg-stravaganza

Wednesday, April 5th

At the Polar Palace Arena

HOP ON OVER TO THE COMMUNITY SERVICES
ANNUAL EASTER EVENT!

FIND "GOLDEN EGGS" TO WIN SPECIAL PRIZES!
OTHER ACTIVITIES INCLUDE FACE PAINTING, CRAFTS, GAMES AND A VISIT
FROM THE EASTER BUNNY!

EGG HUNT TIMES:

3:45PM: AGES 0-3 YRS.

4:00: AGES 4-5 YRS.

4:15PM: AGES 6-8 YRS.

4:30PM: AGES 8-12 YRS.

PLEASE BRING A BASKET OR BAG FOR COLLECTING GOODIES

PRE-REGISTRATION IS REQUIRED TO PARTICIPATE



Nerf Wars

Wednesdays

3:30-4:30pm

In the Polar Palace arena

Swanson Room

\$2.00 drop in fee

Bring your own gun, we supply the bullets!

Safety glasses required.

Children 7 & under must be accompanied by a
responsible participant at least 12 yrs old

THE KIDS TABLE!

APRIL 17TH-MAY 8TH

MONDAYS

3:30-4:30PM

PLANT, CRAFT, BAKE..!

AGES 7-12 YEARS

\$20



**DROP IN
BALL HOCKEY**

THURSDAYS

APRIL 6TH - JUNE 15TH

3:30-5PM

POLAR PALACE ARENA

\$2 DROP IN

CHILDREN 7 & UNDER MUST BE
ACCOMPANIED BY A RESPONSIBLE
PARTICIPANT AT LEAST 12 YRS OLD



KIDZ CLUB- OUTDOOR EDITION!

MAY 29-JUNE 19

MONDAYS

3:30-4:30PM

FRESH AIR, SUNSHINE, FUN..!

AGES 7-12 YEARS

\$20

FEMSPORT TRAINING 2023

- 14 WEEKS OF TRAINING
- ACCESS TO 5 WEEKLY GROUP CLASSES
- ADDITIONAL HOME/GYM WORKOUTS

\$224



STARTS APRIL 17TH

ARE YOU READY FOR A CHALLENGE?

FOR REGISTRATION, VISIT COMMUNITY SERVICES AT
POLAR PALACE ARENA, 4429 52 AVE., VALLEYVIEW

OR PHONE (780)-524-5158

TO REGISTER ONLINE VISIT: WWW.VALLEYVIEW.CA

EARTH DAY FUN RUN APRIL 22, 2023

10:30AM
2.5KM RUN/WALK

11:00AM
5KM RUN/WALK

12 AND UNDER: \$10
13-54 YEARS: \$20
55+: \$15



*MUST REGISTER BY APRIL 1ST
TO BE GUARANTEED A SWAG BAG

POWER HOUR MORNINGS

TUES. & THURS.

9AM-10AM

APRIL 4-27 (NO CLASS APR. 11&13): \$30

MAY 2-30: \$45

JUNE 1-29: \$45

STRENGTH & STRETCH

MONDAYS

5:30-6:30PM

APRIL 3-24 (NO CLASS APR. 10): \$15

MAY 1-29 (NO CLASS MAY 22): \$20

JUNE 5-26: \$20

POWER HOUR EVENINGS

WEDNESDAYS

5:30-6:30PM

APRIL 19-26 (NO CLASS APR. 5&12): \$10

MAY 3-31: \$25

JUNE 7-28: \$20

TOWN OF VALLEYVIEW

BIKE RODEO



FREE ALL AGES EVENT!

MAY 27TH

1-3PM

AT POLAR PALACE ARENA

EMERGENCY PREPAREDNESS WEEK IS MAY 7TH-13TH

THIS YEAR'S CAMPAIGN THEME IS 'BUILD PREPAREDNESS HABITS'

ACCORDING TO THE 2022 PREPAREDNESS SURVEY OF ALBERTANS, ONLY 32% OF ALBERTANS ARE AWARE OF THE RISKS IN THEIR COMMUNITY. UNDERSTANDING THE HAZARDS IN YOUR AREA CAN HELP YOU LOWER YOUR RISK.

VISIT [ALBERTA.CA/HAZARDPREP](https://alberta.ca/hazardprep) TO LEARN MORE ABOUT COMMON HAZARDS IN ALBERTA AND STEPS YOU CAN TAKE TO PREPARE FOR THEM.

KNOW THE RISKS; MAKE A PLAN; BUILD A KIT

TOWN CLEAN UP



**May 26th
1-3pm**

Polar Palace Arena

Vests, gloves & bags provided



Movie Mania!

~ Free Community Movies ~

Valleyview Swanson Room: March 31

New Fish Creek Hall: April 6 & May 4

Little Smoky Hall: May 11

**LOOKING FOR A NON-PROFIT GROUP
TO RUN A CONCESSION FOR OUR
ANNUAL CANADA DAY EVENT!**

**PLEASE CALL 780-524-5158 OR EMAIL
AWEDGE@VALLEYVIEW.CA IF YOU HAVE
ANY QUESTIONS**



**Community
Garage
Sale**

June 10th

10-4pm

Polar Palace

Tables \$10



JOIN US FOR

**CANADA DAY
CELEBRATIONS!**

JULY 1ST, 2023

POLAR PALACE ARENA

**~
ELKS PANCAKE BREAKFAST
7:30-11:00AM (CASH ONLY)**

**~
FUN & FESTIVITIES
12:30-5:00PM**